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Review of 'Discipline and Debate: The Language of Violence in a Tibetan Buddhist Monastery' by Michael Lempert

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Discipline and Debate: The Language of Violence in a Tibetan Buddhist Monastery


Reviewed by Brenton Sullivan

As the title and subtitle suggest, Michael Lempert’s Discipline and Debate examines how Tibetan Buddhist monks in exile have rethought and reformed some of their more “violent” practices in order to accord with the image of nonviolence and “universal compassion” projected onto Tibetans and radiated outward from the Dalai Lama. In particular, it provides a unique look into Tibetan Buddhist debate and its disciplinary practices as exhibited at Sera Monastery’s Mey College in Bylakuppe, India.

The book’s central concern is to examine how monks and monastic reformers have aspired to become “modern liberal subjects,” which they have done by “adjust[ing] and selectively highlight[ing] qualities of face-to-face interaction—in particular, male-monastic rites of socialization, from reprimand to verbal argument—so that foreign spectators, real and imagined, may see some of their own aspirations reflected in these performances” (p. 10). The theoretical basis to Lempert’s argument comprises what he calls “liberal sympathies,” “sympathies” here referring to the ways in which Tibetans affect and gain recognition by those who are already considered “liberal subjects,” namely Westerners, with the hope of securing political and economic support.

The reason that these monks and reformers are compelled to adjust their practices and the way they talk about these practices is the apparent tension caused by monastic “debate and discipline in an age of reason and rights” (p. 14). The first two chapters of the book describe debate—specifically, “formal debate” or “defense” (dam bca’)—and the social and institutional context for debate. The second chapter is particularly compelling. Unlike previous accounts of Tibetan Buddhist debate (e.g. Dreyfus 2003; Perdue 1992; Onoda 1992), Lempert goes beyond what scholastic “textbooks” and other texts can tell us about the “denotational” values of debate and provides an unprecedented view of debate’s “interactional” components. The chapter examines such analytical values as the timing of taunts during a debate, the spatial positioning of its participants, the rate of speech, and so forth, and this is presented in easily digestible forms such as transcripts, drawings, and quantitative charts.

The second chapter leaves the reader with the impression that debate at Sera Mey is still thoroughly illiberal, due to the absolute reverence for scriptural authority, the prominence of hierarchical distinctions between debate participants, and the “violent” verbal barrage executed by the challenger in the debate. However, Chapter Three dispels such a conclusion by introducing the reflexive discourse of the Dalai Lama and others in the Geluk sect, a discourse that reframes debate to fit with modern, liberal sensibilities. Lempert analyzes the Dalai Lama’s Tibetan-language speeches from the past five decades and elaborates on the attention given therein to reason in Buddhism and (by extension) debate. A key trope that is valorized in these speeches, he argues, is the virtue of “firmness” (bstan po) derived from “reasoned faith” (pp. 98-100). Lempert draws a connection between this discourse and debate, particularly the debate defendant’s “unflappable poise,” which he describes as mimicking the “firmness” advocated in the Dalai Lama’s speeches.

Chapters Four and Five turn to the question of monastic discipline, specifically as it is carried out in the “public reprimand,” or disciplinary sermon (tshog gtam). Chapter Four provides a unique description of the public reprimand at Sera Mey. The transcript of a public reprimand delivered by the college’s disciplinarian is analyzed to reveal the different “voices” taken on by the disciplinarian during his sermon, a method the disciplinarian effectively employs to raise the specter of incrimination in as many listening monks as possible. This provides an important and unique ethnographic account of an institutionalized practice that is prescribed but seldom described in the customaries of major Geluk monasteries. This disciplinary practice, too, now exhibits characteristics of modernity. Specifically, Lempert emphasizes the prominence of argument, reason, and self-critique in the language of the disciplinarian (p. 134).
Chapter Five examines the surrounding discourses that have motivated these changes in disciplinary practice, the Dalai Lama again being the principal source of these discourses. In addition, the chapter compares discipline at Sera Mey to the recognizably more modern and liberal Institute of Buddhist Dialectics in Dharamsala. Here one is said to find a diminished role of the disciplinarian, a preference for “gentle advice” and personal discipline, the use of new “analogical punishments” (e.g., circumambulation, full-body prostrations, kitchen duties), an egalitarian sentiment, and a lack of special privileges for monks with received religious status (pp. 139, 149). Lempert concludes that these innovations are the consequence of Tibetans courting the affective sympathies of potential onlookers (p. 152).

The book’s ideal audience is made up of other scholars of linguistic anthropology and Tibetan Buddhism, although sections of the book could be assigned to undergraduate students in courses in these fields. Lempert anticipates some unfamiliarity and frustration among scholars from Tibetan and Buddhist studies stemming from the book’s thick description and analysis of the language used in debate and public reprimand. As such, he suggests that these readers might skip these sections of the book. I, however, have found these sections—comprising the cores of Chapters Two and Four, respectively—to be the most interesting and coherent parts of the book.

Meanwhile, I am more skeptical of the connections Lempert draws between these monastic practices, on the one hand, and the elevated discourse of the Dalai Lama as well as the ‘haunting’ gaze of the West, on the other hand. The book does not thoroughly consider the historical and internal dynamics of Tibetan monasticism that might better explain the contemporary practices that Lempert observed and so closely analyzed. For example, when I read of the “new” and “modern” disciplinary practices employed at the Institute of Buddhist Dialectics in Dharamsala, I was immediately struck not by their resemblance to modern or Western practices but by their resemblance to the disciplinary practices advocated by the eighteenth-century lama-scholar Sumpa Khenpo, three-time abbot of a major monastery in northeastern Tibet during the eighteenth century (2001: 271-2, 338-41, 557, 565-6).

Thus, either we are compelled to consider the “modernity” of monks and lamas from Tibet’s past, such as Sumpa Khenpo, or we must consider the possibility that present-day monks at Sera Mey and other Buddhist institutions in exile in fact think very little about us and the higher discourses emanating from Dharamsala and that they may just be doing what they have always done: debate and discipline. Regardless, Discipline and Debate succeeds in presenting the reader with a logical argument and an interesting and plausible explanation for why monastic debate has persisted in exile with only minor modifications while monastic disciplinary practices have been subject to greater scrutiny and change.

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References