

March 2014

Gallery

Saori Ogura

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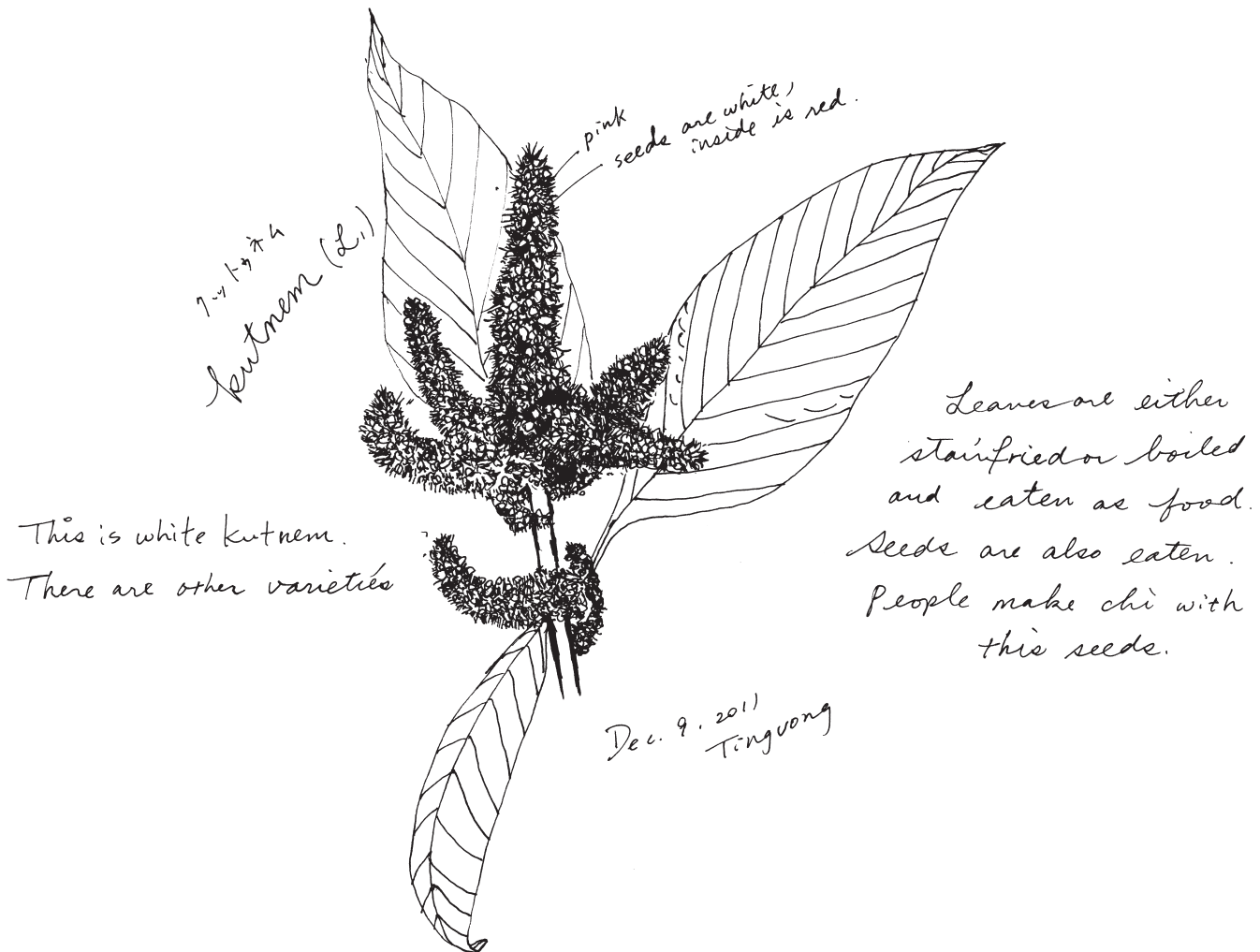


Gallery | Sketchbook

SAORI OGURA (M.S. Ecological Leadership and Education and B.A. Political Science) is a naturalist, artist and writer. She has worked and travelled in Darjeeling and Sikkim with the Ashoka Trust for Research and the Environment (ATREE). Her research looked into changes in agricultural patterns and livelihoods over the past century in indigenous Lepcha villages. She also worked on an educational initiative in Bhutan based on Gross National Happiness (GNH) during an internship at UNESCO. Saori is interested in peoples' relationships to nature and how these interactions have changed through modernization. She is currently pursuing a Master of Landscape Architecture and Environmental Planning degree at the School of Environmental Design, UC Berkeley.

From the moment that I take a pen into my hand, I am pulled into the world of the object that I am about to draw. I enter the world of the object itself, which is not like seeing it from outside or like taking a photograph. At that point, every detail becomes apparent to me, and I see what I hadn't been able to see when I was holding a camera.

Drawing is a practice that melts into our hearts. Any drawing that comes out from me is a characteristic of myself. I show my personality through my drawings. This is why I believe children and adults come to surround me when I draw plants or landscapes in their villages. Such drawing is a form of communication with local people, and it helps develop lasting ties.



A traditional food in a Lepcha garden.
Amaranthus viridis



A lady surrounded by snowy mountains.
Rhododendron aeruginosum



A tree of pounder and edible acorn in the Lepcha protected area.
Castanopsis hystrix

 traditional medicine ***
 a Lingzhen

tuksup

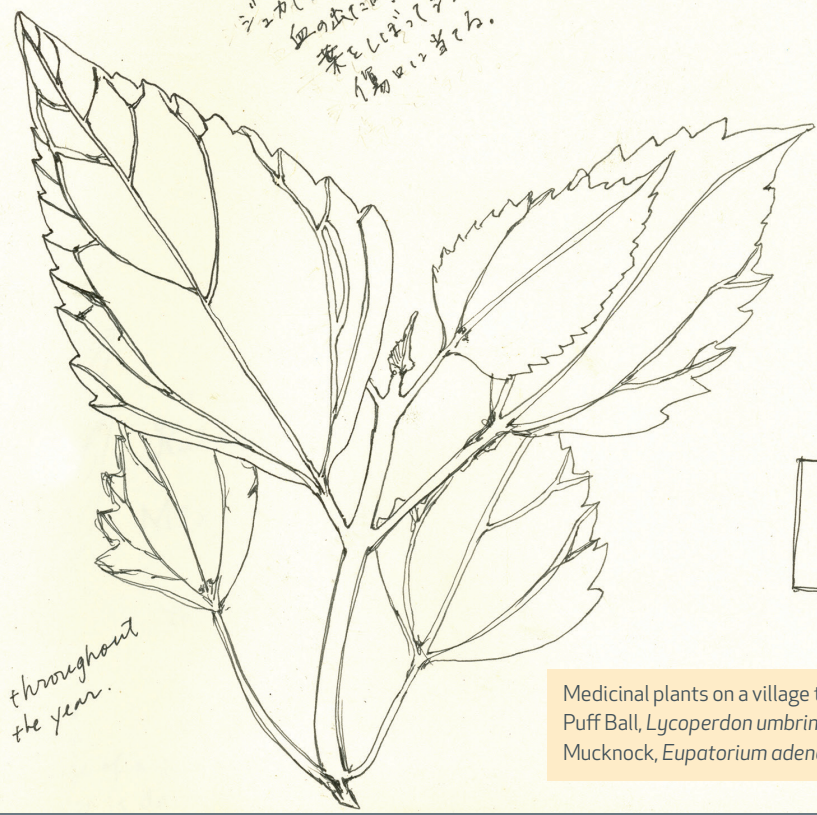
やけどの薬

表面にのみ powder を傷口に塗りつける。

grow on the ground



シソ科(ユキ)の草花に時々
 血の毒に時々
 葉をすりつぶして
 傷口に当てる。



ムクノック
 mucknock

found throughout the year.

Medicinal plants on a village trail.
 Puff Ball, *Lycoperdon umbrinum*
 Mucknock, *Eupatorium adenophorum*



Ching fing

used for
1. symptom of vomiting
2. pickle
haracleum



Sombem

ホトハシヤシ
(Mitsunaga)

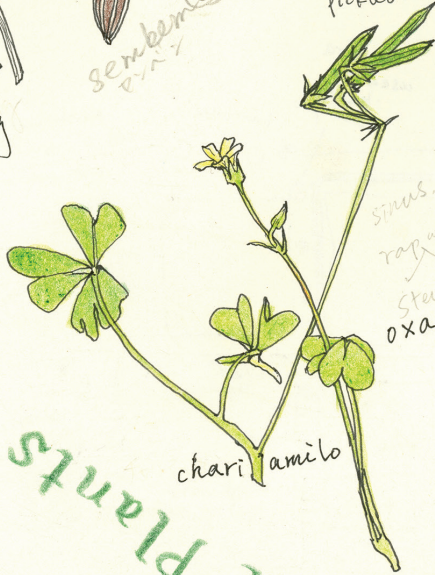


Siltimbur
(Xanthoxylum
A. canthopodium)

Used for making pickles.



Siltimbur
tomato
chili



chari Yamlo

sinus (sinusitis?)
rag with neuro
stem + leaf
Oxalis corniculata

Medicinal plants

薬草

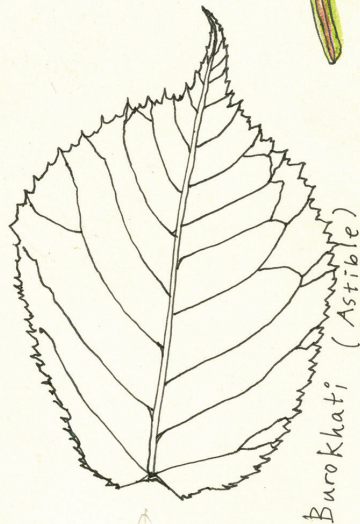


gande jhar

Manipuri
use
Not in Sikkim
used



Palchenked (Bergenia ciliata)
* Chew a leaf when you have canker sore
• roots → fever
• powder → Body pain, Neck pain (shoots)



Burokhati (Astible)

when give birth
body pain → roots powder with honey be

Medicinal plants in the village backyard.
Haracleum wallichii, Oxalis corniculata, Bergenia ciliata,
Astible, Ageratum conyzoides L. Compositae