

2016

Megaphone Winter/Spring 2016

Macalester College

Follow this and additional works at: <http://digitalcommons.macalester.edu/megaphone>

Recommended Citation

Macalester College, "Megaphone Winter/Spring 2016" (2016). *Megaphone Newsletter*. Paper 27.
<http://digitalcommons.macalester.edu/megaphone/27>

This News Article is brought to you for free and open access by the Athletics at DigitalCommons@Macalester College. It has been accepted for inclusion in Megaphone Newsletter by an authorized administrator of DigitalCommons@Macalester College. For more information, please contact scholarpub@macalester.edu.

MAC

MACALESTER ATHLETICS

WINTER/SPRING 2016

MEGAPHONE

A Newsletter of M CLUB Activities & Macalester College Athletics



MEN'S SOCCER

Returns to the Top

The men's soccer program at Macalester has historically been strong, with multiple conference championships and frequent appearances in the NCAA Division III Tournament. The 2015 Scots wrote another chapter in their history of success, winning the program's 12th MIAC championship and advancing to the NCAA Tournament for the 12th time since 1988.

Under the guidance of head coach **Gregg Olson**, Macalester did not lose during the regular season, compiling a record of 13-0-5 and capturing the MIAC regular-season crown with a league mark of 8-0-2. The 18-game unbeaten streak in a single season tied the school record, set by the 1997 team that went 14-0-4. Boasting a near-perfect record, the Scots were selected to host first and second round games of the NCAA Tournament on Nov. 13-14 at Macalester Stadium.

In the first round, a goal by junior forward **Austin Burrows** (Roseville, Calif.) in the 89th minute gave the Scots a 1-0 victory over St. Scholastica for Macalester's first postseason win since 2009. Although St. Olaf turned the tables on the Scots with a late goal in a 1-0 loss the next night, it did not diminish the accomplishments of Olson and his 2015 team. Macalester earned a final national ranking of No. 20, while Olson was chosen the MIAC and North Region Coach of the Year.

The season completed the turnaround under Olson, who became head coach in 2012. After posting just four wins that season, the Scots improved each year, with eight wins in 2013 and 11 victories and a spot in the MIAC playoffs in 2014.

"This group has come a long way, especially our seniors," Olson said. "The growth we have seen is a validation of the culture within the program. The guys work really hard and have since January. With the preparation from the assistant coaches (**Mike Madigan '04**, **Brian Billings**, and **Taylor Rasmussen '13**), the team is getting more details to layer into their game. I'm proud of the awards, but I'm even more proud of the body of work the team put together this season."

With the team's success came individual accolades, as juniors **Zeke Vainer** (Melrose, Mass.), **Alan Schembri-Wismayer** (Rochester, Minn.) and **Charlie Spurr** (Seattle, Wash.) were named All-MIAC and All-North Region. With nine starters returning, the Scots are looking to continue their improvement and prepare themselves for a longer run in the NCAA Tournament.



SAVE THE DATE!

Mac Hac Golf, June 6

The 26th annual Mac Hac golf tournament will be held at the Mendakota Country Club in Mendota Heights. Mark the date: Monday, June 6, shotgun start at noon. Watch for registration information on macalester.edu/athletics.

HALL OF FAME

Class of 2015

The M Club Athletic Hall of Fame inducted four new members on Sept. 24 at the Hall of Fame Banquet, held in the Alexander G. Hill Ballroom of Kagin Commons.

Holly Harris '00 was a high-scoring forward and a record-setting sprinter for Macalester's women's soccer and track and field teams. An All-American in both sports, she was a key member of the Scots' 1998 women's soccer squad that won the NCAA Division III national championship, recording 16 goals and 37 points that season. In track and field, Harris also achieved All-America status by finishing seventh in the 400 meters at the NCAA Division III Championships on her home track in 1998.



Hall of Fame banquet (L to R) M Club President Steve Cox '76, Director of Athletics Kim Chandler, Holly Harris '00, Yarrow Romero Moench Pasche '00, Kristy Schaaf Horner '03, President Brian Rosenberg, and (inset below) Kajerero Ssebbaale '02.

Yarrow Romero Moench Pasche '00 came to Macalester before her junior year and was an All-American for the Scots in both cross country and track. Pasche won the Central Region cross country meet before finishing 29th at the NCAA Division III Championships to earn All-America status. In 1999, she helped Macalester take eighth at the national cross country meet, the program's highest national finish. On the track she placed eighth in the 1500 meters at both the 1999 and 2000 national outdoor meets.

Kristy Schaaf Horner '03 is one of the top golfers in the history of Macalester's program. As a senior, she became the first and only Macalester golfer to be selected to the WGCA All-America First Team after finishing fifth at the NCAA Division III National Championship. Horner also finished second at the Minnesota Intercollegiate Athletic Conference Championship and received All-Conference honors.

Kajerero Ssebbaale '02 was a standout triple jumper for the Scots from 1999 to 2002. He dominated the Minnesota Intercollegiate Athletic Conference, winning the conference triple jump title in all eight MIAC Championships in which he competed. A four-time national qualifier, Ssebbaale earned All-America honors at three NCAA Division III Championships, placing eighth outdoors in 1999 and fifth both indoors and outdoors in 2000.



M Club Events



Sat., Feb. 6

Winter Sports Day

1 p.m. Men's Basketball vs. Bethel
3 p.m. Women's Basketball vs. Bethel
Halftime treats for Mac fans
Free M Club gear raffle

Sat., Apr. 16

M Clubbers Unite!

2 p.m. Men's Tennis vs. Carleton

Sat., Apr. 23

Spring Sports Day

1 p.m. Softball vs. St. Benedict
2 p.m. Women's Tennis vs. Carleton
Scot Dogs and Scot Brats for all fans!

Thurs., Apr. 28

M Clubbers Unite!

5 p.m.
Bolstorff Twilight Meet
Men's Track and Field

Sat., Apr. 30

M Clubbers Unite!

10 a.m.
Janis Rider Invitational
Women's Track and Field

MEYER COLLECTS MIAC TITLE

All-American Honors

Standout junior **Kimber Meyer** (Naperville, Ill.) continued her impressive Macalester career with a season that included individual titles at the Griak Invitational and MIAC Championships, and her third straight All-America honor. She capped her fall campaign with a 30th-place finish at the NCAA Division III Cross Country Championships running the 6-kilometer course in 21:43.4 to become the only active runner with three consecutive All-America finishes.

"It's really wonderful to watch people mature over the course of their career," head coach **Betsy Emerson** said. "With each season, Kimber gains in confidence and experience."

At the prestigious Griak Invitational on September 26, Meyer ran away from the field in the Division III Maroon race to win by 27 seconds. Her time of 22:57.8 was a personal best for the course and led the Scots to a fourth place team finish, their best posing in a decade. Her win was the first time a Macalester athlete—male or female—has claimed an individual title at the Griak Invitational.

She ran away from the pack again at the MIAC Championships to earn her first conference title in cross country. Meyer took an early lead that she extended as she won by more than 20 seconds in completing the Como Park course in 22:14.2. A three-time All-Conference performer, she is the first Scot to be the MIAC champion since **Koby Hagen '06** in 2003.

"It was probably her best race of the season, Emerson said, and in less than ideal conditions, but she has what it takes to be a conference champion."

Meyer turned in a fifth place finish at the Central Region Championships to earn All-Region honors. At the national meet in Winneconne, Wis., Meyer was in the lead pack throughout in what was one of the fastest and tightest races in recent memory. She joins **Linda Zeman '84** and **Julia Kirtland '87**, the only other Scots to receive All-American honors three times. Should she earn a fourth, she will join Kirtland and just 12 others across all divisions/all history to go four for four.



This fall, Meyer was recognized not just for athletic achievements, but for her success in the classroom as she was awarded the MIAC Elite 22. As a biology major, Meyer posted the highest grade-point average among all scoring competitors at the MIAC Women's Cross Country Championships. She is spending the spring semester in Botswana studying public health.

MEGAPHONE NOTEBOOK

Fall 2015

As September rolled into October, **Women's Soccer** reeled off an impressive stretch going 8-0-3, with a six-game win streak to close out the regular season. Five Scots earned All MIAC honors, including first team nods for senior **Lydia**



Lydia Chodosh

Chodosh (Los Angeles, Calif.) and junior **Michaela McGonigle** (Seattle, Wash.).

To begin the season, **Volleyball** started out with a team-best 10-1 record, winning seven straight matches. Senior libero **Cora Trout** (Columbia, Mo.) recorded her 1,000th career dig this season, while sophomore outside hitter **Clara Baumann** (Wausau, Wis.) made the All MIAC team.

Men's Cross Country junior **Lachlan Hinwood** (Colfax, Wis.) opened the season with a win at the Early Bird Triangular, also leading the Scots to a team victory. Hinwood would go on to receive All-Conference honorable mention at the MIAC Championships.

For the first time in the program's history, the **Men's Golf** team broke 300 in an 18-hole round, carding a 297 to beat Saint Mary's in the annual Mac-Saint Mary's dual.

Led by sophomore **Jessica Yost** (Hartland, Wis.), **Women's Golf** beat St. Mary's in their annual dual as the Scots placed first, second, third, sixth and eighth.

MACALESTER SAAC Gives Back

The Macalester Student Athlete Advisory Committee (SAAC) has been hard at work. They launched Macalester's Young Athletes program this fall, a chapter of Special Olympics. They conducted five classes for children ages three to seven with a typical class size of 10-12 kids. Student athletes worked with the children on activities that could someday be used to help them become special Olympians.

Junior **Jordan Black-Matthews** (Dallas, Texas) led the Young Athletes program and said, "The class was truly a wonderful experience. Seeing the kids' faces light up when they saw us each week was unforgettable and their motor skills improvement was very evident."

SAAC also collected more than 700 pounds of food and raised nearly \$250 during the October Food Drive. October also brought the Scots' Dig Pink and Kick Cancer Events where \$880 was raised by SAAC for the



Side Out Foundation for breast cancer research.

This semester SAAC organized a panel, partnering with Breakthrough Twin Cities, to talk to students about what it's like to be a collegiate student athlete and how to navigate challenges while attending an academically rigorous institution.

It has been a busy and productive first semester for Macalester SAAC, but they're just getting started. President **Risa Luther** (Portland, Ore.) reports a Polar Plunge is in the works. We hope to see you there.



Greetings M Clubbers!

Welcome to the latest edition of Megaphone! First, thank you to everyone who sponsored a current athlete to attend the Hall of Fame Banquet. Your sponsorship allowed athletes to hear of the outstanding achievements of our recent inductees: Holly Harris '00, Yarrow Romero Moench Pasche '00, Kristy Schaaf Horner '03, and Kajerero Sebbaale '02. Even more importantly, they heard about the significance of an athletic experience at Macalester and the role it can play in your achievements after college. This year I hope I can count on you to again sponsor athletes to attend the banquet.

The M Club continues to carry out our mission, hosting events like the Hall of Fame and Sports Award Night; collaborating with our Student Athlete Advisory Committee; giving "M" blankets to graduating seniors; raffling athletic apparel from our coaches; and grilling up Scot Dogs. These events happen through your support of the Annual Fund and our dedicated board of directors.

So this goes out with a big thanks to those who have served on the board. Next time you see them, please give an M Club thank you to Vice-President Jess Hopeman, Secretary Karen Moen, Budget Czar Dean Verdoes, Bob Hoisington, Tracy Eichorn-Hicks, Jennifer Lundblad, Kim McCoy, Ali Nystrom, George Robbins, Grady Hannah, and Melinda Bianchet. If you are interested in becoming a board member, just let me know!

Lastly, LET'S GO MAC!

Steve Cox, M Club President.

ALUMNI Come Back to Mac

This fall, a number of alumni events brought back former team members to share good times and good memories. Among the teams hosting events were men's soccer (pictured), baseball, and softball (see page 4).



MACALESTER
COLLEGE



MACALESTER COLLEGE
ATHLETIC DEPARTMENT

1600 GRAND AVENUE
SAINT PAUL, MN 55105-1899

Non-Profit Org.
U.S. Postage
PAID
Permit No. 921
Twin Cities, MN

**Athletic Department
Contact Information**

Phone: 651-696-6260

Fax: 651-696-6328

**Web:
macalester.edu/athletics**

STOWELL RECEIVES

Academic All-District Honors

Senior running back **Zandy Stowell** (Chippewa Falls, Wis.) compiled some pretty impressive numbers during his career on the gridiron. After setting a school record with 1,293 yards in 2014, he racked up 959 yards and nine touchdowns this fall to earn All-Midwest Conference accolades. Stowell finished his career with 2,679 yards and 20 touchdowns.

Also a standout in the classroom, Stowell has a 3.60 grade-point average as a physics and applied mathematics and statistics major. His combination of athletic and academic success landed him a spot on the Division III Football Academic All-District 6 team by the College Sports Information Directors of America (CoSIDA).

Also receiving a post-season award was senior defensive tackle **Zach Hauser** (Port Washington, Wis.), who was chosen the Midwest Conference Defensive Line MVP. Hauser made the All-Midwest Conference first team, while senior linebacker **Fabian Arrizon** (Hayward, Calif.) and junior defensive back **Forest Redlin** (Tempe, Ariz.) joined Stowell on the second team.

The Scots finished the 2015 season with a 4-6 record.



SOFTBALL

Alumni Come Back to MAC



THINKING Ahead

Nominations for next year's M Club Hall of Fame are due March 7, 2016. Visit macalester.edu/athletics to nominate those you would like to see honored at the next Hall of Fame banquet.