

Winter 2010

Megaphone Winter 2010-2011

Macalester College

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MACALESTER ATHLETICS

WINTER 2010—2011

MEGAPHONE

A Newsletter of M CLUB Activities & Macalester College Athletics

KATE RYAN REILING '00

Named to NCAA's Silver Anniversary Team

Macalester head women's soccer coach Kate Ryan Reiling '00, who helped guide the Scots to the 1998 NCAA Division III championship and 1999 national runner-up finish, has received a major honor, being selected to the NCAA Division III Silver Anniversary team. She is one of just 11 former players to receive this prestigious honor.

During the 2010–11 year, the NCAA is celebrating 25 years of DIII women's soccer. A subcommittee comprised of current and former soccer coaches helped name the NCAA Division III Woman's Soccer 25th Anniversary Team consisting of 11 student-athletes and one coach.



SOREN NELSON NAMED

Leonard Center Manager



Soren Nelson has been hired as the Leonard Center Manager & Assistant Event Management Director at Macalester College. Nelson replaces Jarrett Yehlen, who left Macalester earlier this summer to assume a position with the University of Minnesota Athletics

Department. Nelson comes to Macalester from Duke University.

Nelson is a 2005 graduate of Concordia College in Moorhead, Minnesota, where he was a two-year All-Minnesota Intercollegiate Athletic Conference basketball standout and 1,000-point scorer for the Cobbers before graduating with a degree in physical education. He received a master's degree in management recently from the University of Mary (N.D.).

Nelson had worked in facility and game operations at Duke since 2005 and since April 2009 had been the coordinator of the Brodie Recreation Center. He had been a counselor/coach for the Duke men's basketball camp and worked in game setup for Duke's powerhouse basketball programs, as well as event management for the gymnastics, volleyball, and wrestling programs. He was involved in the planning, outfitting, and scheduling of the many athletic and recreation facilities at the Durham, North Carolina, institution.

BETH WHITTLE IS NEW

Athletics/Admission Coordinator

Beth Whittle has been named Macalester's Athletics/Admissions Coordinator. An assistant swimming coach at Washington University in St. Louis from 2005–09, Whittle helped coach the Macalester swimmers last winter after moving to the Twin Cities with her husband Tim Whittle, who became Mac's men's basketball coach prior to the 2009–10 season.

The former Beth Slaughter spent two seasons as an assistant swimming coach at the University of Washington in Seattle, where she served as the women's recruiting

coordinator, men's and women's academic coordinator, and head master's swimming coach. She then moved to Washington University in St. Louis, where in addition to her poolside duties, she arranged all team travel and was the Assistant Aquatics Director. During her two years at the University of Washington, Whittle helped guide the women to a combined 23–9 record and the men to a 21–6 record. The Huskies also had 11 NCAA qualifiers and broke 22 school records during Whittle's stint at UW. Whittle came to UW after a two-year stay at the

University of the South in Sewanee, Tenn. During the 2002–03 season, she assisted the men's and women's teams in posting 15 NCAA qualifying times as both squads took third place at the Southern Collegiate Athletic Conference (SCAC) Championships.



M CLUB HALL OF FAME

Inducts Five New Members

Macalester's M Club inducted five newcomers in the Athletic Hall of Fame on Oct. 16 at Kagin Commons. The 2010 Macalester Hall of Fame class is made up of Mark Abboud '92 (soccer), Adam Burke '92 (swimming), Nikki Epperson '96 (soccer/basketball), Brook Epperson '98 (soccer/basketball) and Tawni Epperson '99 (soccer).

Mark Abboud '92 Soccer

Mark Abboud was a three-time All-MIAC athlete and one of the most prolific goal-scorers in conference history. As a first-year student, Mark and his classmates, future M Club Hall-of-Famers Matt Jackson and Roger Bridge, led Macalester to its first MIAC championship in soccer. The



Scots took another MIAC championship trophy in his junior season as Abboud scored 15 times and led the

conference in goals. As a senior, Mark established a school record that still stands today with 24 goals scored, bringing his career total to 56—a mark that stood for 10 years and is still No. 2 on the all-time Macalester chart. He is fourth in the record book with 23 career assists. The Scots were 32-5-3 in MIAC matches during Mark's four seasons at Mac. After graduating from Macalester, he played 10 seasons professionally with the Minnesota Thunder.

Adam Burke '92 Swimming

Adam Burke is one of the most accomplished swimmers in the Macalester men's program over the last 25-30 years and was an All-MIAC performer all four years as a Scot. Adam swam to NCAA Division III All-America status as a senior in both the 200-yard freestyle and 1650-yard freestyle, a rare double of sprint and long-distance achievement. Adam held Macalester school



records at the same time in the 50-yard freestyle, 100 freestyle, 200 free, 500 free and 1650 free,

and two decades later still tops the Macalester record book in freestyle distances of 200, 500, 1000, and 1650 yards. His 200 free time at the 1992 Nationals was the fifth fastest time in the nation that year.

Nikki Epperson '96 Soccer/Basketball

The first of the three All-America Epperson sisters to enroll at Macalester, Nikki was the program's first four-time All-MIAC player, and, along with Hall-of-Famer Jenny Scanlon and younger sisters,



Brook and Tawni, helped turned the Scots into a conference and national power. She was named to the All America team as a senior and when her career was over, had compiled 49 goals (third on Mac's all-time list) and 26 assists (fifth on the career list). Nikki helped guide the team to a pair of NCAA playoff appearances, and the team went 39-6-3 in the conference during her Mac career. Nikki also was a four-year letter-winner for the Macalester basketball team and is currently 13th on the school's all-time scoring list with 887 career points.



Brook Epperson '98 Soccer/Basketball

A three-time all-region pick and four-year All-MIAC selection, Brook Epperson was named conference Player of the Year in 1997 after leading Macalester to a perfect 10-0 league record and 19-2 overall mark as one of the nation's top teams. The Scots lost just five MIAC games in four years with Brook on the field, and the team's four-year slate was 59-16-5. A two-time All-



American, Brook is Macalester's record holder in career assists (42) and single-season assists (18 in '97), and is sixth in career goals (33). She was named Macalester M Club Athlete of the Year as a senior.

Tawni Epperson '99 Soccer

The third and final Epperson sister to arrive on the Macalester campus from Sandy, Utah's Jordan High School, Tawni was honored as NCAA Division III Player of the Year after leading the Scots to the national championship as a senior in 1998. Tawni netted the game-winning goal in the fourth overtime period of the NCAA title match against the College of New Jersey for her 46th and final goal as a Scot. She's fifth on Mac's career goal-scoring list and is ranked eighth in assists. Tawni was named MIAC Player of the Year one year after sister Brook was selected, and in four seasons suffered just three conference defeats. The Scots were 69-11-5 during her four years on the team.



M Club Hall of Fame Nominations!

Nominations for next year's M Club Hall of Fame are due March 15, 2011.

Visit macalester.edu/athletics to fill out the nomination form online or download a PDF.



PRESIDENT'S Message



Greetings M Clubbers,

It's easy for local M Clubbers to get to games and competitions, but what about you out-of-towners? The answer is macalester.edu/athletics/! On the right, just below the "Scoreboard," you'll find "Live Web Broadcasts/LiveStats." Check the calendar there for events and cheer on your favorite Mac team!

For those who may not know, in August we lost a dear friend, Janis Rider '88. Janis was a devoted M Clubber, who showed her love of Macalester in many ways. With the help of her family, Macalester hosted a memorial for Janis. In addition, the spring invitational track meet (April 30) has been named in her honor.

In January M Club directors and varsity coaches will be hitting the phones, seeking your participation in the Annual Fund. Through your gifts, varsity programs benefit in many ways, for example, warm-up suits for the men's soccer team, greatly appreciated by athletes and coaches. We need to maintain and, whenever possible, increase our gifts to the Annual Fund as we demonstrate our commitment to the college and to Macalester athletics. To contribute prior to January, go to the Macalester website or call 1-866-814-0640. Thank you for your ongoing support.

Now, two new M Club initiatives: Thanks to directors Sarah Graves and Mollie Windmiller, great new Under Armour M Club apparel is now available online. Also, regional directors Erik Jackson and Eddie West, along with Graves, are coordinating "Mac Nation" events in the Denver, Seattle, Washington D.C., and the Twin Cities to support worthy causes and get some exercise! Check the M Club website or our Facebook page. If you haven't yet done so, please join us on Facebook!

See you at winter competitions, either in person or waving to you via the live web broadcasts!

LET'S GO MAC!

STEVE COX '76, M CLUB PRESIDENT

MARIE GODWIN '10

To Chair NCAA Panel

Former volleyball student-athlete Marie Godwin '10 was selected as the new chair for the NCAA Division III National Student-Athlete Advisory Committee (SAAC) in the committee's last meeting in July. As chair, Godwin will not only preside at National SAAC meetings but also will serve as the

committee spokesperson to the media and represent the committee at various NCAA and outside group functions.

The Division III SAAC is responsible for serving as the communication vehicle between national initiatives and the conference and campus SAACs.



Furthermore, the Division III SAAC identifies significant student-athlete issues and forwards them to the appropriate governing committees.

MEN'S SOCCER

Wins MIAC Championship

Macalester beat Hamline 1-0 on Oct. 29 to win the MIAC men's soccer championship and finish the regular-season with a 14-3-1 record. By going 8-2 in MIAC play, the Scots claim their 10th conference title and eighth in 14 years. The Scots fell in the first round of the conference playoffs but received an at-large berth in the NCAA Division III playoffs.

Macalester's women's soccer team was also selected for the NCAA playoffs after turning in an 11-5-2 regular-season mark. This is Macalester's 15th appearance in the national playoffs.



ALUMNI GAMES

A Big Success Again this Fall

As has been the case for the past several years, fall alumni games and meets have been a huge success, with participation rates continuing to grow. Hosting successful alumni games and events in September and October were the Macalester programs of baseball, softball, tennis, swimming & diving, men's soccer, and women's soccer.

More alumni events will be held this winter and spring in men's and women's basketball, men's and women's track & field, volleyball, and water polo.



MACALESTER
COLLEGE



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In order to reach all M Club members, we will be producing both hard copy and electronic versions of *Megaphone*. However, as part of Macalester's commitment to sustainability, we encourage you to consider opting out of the printed version in favor of receiving your copy electronically. To opt out of the printed version, please contact Deanna Cahoon at cahoon@macalester.edu or 651-696-6260.

MATT SEAMON *Is*
New Assistant Athletic Trainer

Matthew Seamon is the new Macalester assistant athletic trainer, replacing Dan Helder, who moved into the business side of the profession at the end of the summer. Seamon recently completed his assignment as head trainer for the St. Paul Saints professional baseball club during the 2010 summer season, and has a strong mix of professional and collegiate training experience.

He has also served as a trainer for Chowan (N.C.) University (2009–10), the Alaska Aces professional hockey team

(2007–09), the University of the Colorados (Ky.) (2006–07), the Colorado Crush Arena Football league team (2006), and Jacksonville University (Fla.) (2004–05). A 2004 graduate of Gustavus Adolphus College with a B.A. in athletic training, Seamon has been NATA certified since 2004 and received his M.A. in education from the University of Phoenix.



SAAC HELPS
Fight Cancer & Hunger

Macalester's Student-Athlete Advisory Committee helped raise funds for special causes on three occasions past fall. On Oct. 19, SAAC and the women's soccer team sponsored "Kick Cancer Night" at Macalester Stadium and raised donations for the Susan G. Komen for the Cure Foundation. The next night, SAAC and Macalester volleyball raised funds to fight cancer on "Dig Pink Night," with proceeds going to the Side-Out Foundation. These two events to fight cancer raised over \$1,200. On Oct. 24, the Macalester and St. Thomas SAAC groups joined forces to raise money for the Second Harvest Heartland food shelf in St. Paul during the women's soccer match between these two schools.



FOLLOW M CLUB
on Facebook and Blogspot

It's easy and quick to keep up-to-date on M Club events.
<http://macalestermclub.blogspot.com/>



WINTER SPORTS DAY:

Saturday, January 22

NATIONAL STUDENT ATHLETE DAY:

Wednesday, April 6

SPRING SPORTS DAY:

Saturday, April 9

Sat., Jan. 22

Winter Sports Day

1 p.m. Women's Basketball—Bethel

2 p.m. Men's & Women's Indoor Track and Field Alumni Meet

3 p.m. Men's Basketball—Bethel

Sat., Jan. 29, 1 p.m.

Men's Swimming & Diving—Grinnell

Women's Swimming & Diving—Grinnell

Sat., April 9

Baseball & Softball

Noon, Men vs. UW Superior

1 p.m., Women vs. St. Olaf

Fri., April 15, 6 p.m.

Men's & Women's Tennis
Concordia Moorhead

Wed., April 27, 5 p.m.

Men's Outdoor Track
Macalester Twilight Meet

Fri./Sat., April 29–30, TBD

Women's Water Polo
Conference Tournament

Sat., April 30, 10 a.m.

Women's Outdoor Track
Rider Invitational

**M-CLUBBERS UNITE—
ELSEWHERE:**

SOFTBALL:

March 12–20, Claremont, Florida

MEN'S & WOMEN'S GOLF:

March 18–20, Jekyll Island, Georgia

WOMEN'S WATERPOLO:

March 11–12, Claremont, Calif.
March 13, La Verne, California

ALUMNI GAMES:

Track & Field: Jan. 22, 2 p.m.

Waterpolo: Mar. 26, Time TBD